Life Coaching agreement

This agreement between Life Coach Seerojini Adams and (Client Name): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_will begin services on Date:\_\_\_\_\_\_\_\_\_and will continue as agreed by coach and client during consultation. Payment will be payable before each session which will be conducted for 40 minutes.

Seerojini Adams is a Licensed Life Coach to provide Individual, marriage, domestic violence, substance abuse and trauma counseling in the State of New Jersey. The services provided by Coach to the Client are via telecoaching.

communication by platform that is preferred by client. Client can access other methods of communication via e-mail, or text.

As your coach all information shared with me will be kept strictly confidential. Throughout our working relationship our conversations will be direct and personal. You can count on me to be honest and straightforward, ask clarifying questions, make empowering request, and assign creative, useful homework. The purpose of our interaction is to hold your focus on your desired outcome and to coach you to stay clear, focused, to reach your desire goals.

Our signatures on this agreement indicate full understanding of and agreement with the information outlined above.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Life Coach Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client ‘s Signature Date

**Life Coaching Consultation Form**

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

This agreement between Seerojini Adams and (Client’sName) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

for initial consultation as agreed upon by client to discuss services provided by Coach to the

client via telecoaching.

Fees and services will be discussed during consultation.

Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client Signature Dated

**Life Coaching cancellation Agreement**

This cancellation agreement is for an emergency whereby the client or coach is unable to keep an appointment, a 24-hour notice is required for cancellation. Contact can be done via e-mail or text.

In the event Client and coach agreed to cancel life coaching services a 30-day notice is required. In cases where a client would like to put services on hold to resume services later, a 7-day notice is preferred.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client’s Signature Date